



St. Anne's Church, Chingford

Web site: www.stanneE4.org.uk

26th February 2023– Lent 1

Parish Eucharist 10.00

W

Welcomers: Velma Davis, Jacqui Haniff-Bentham

Server: Eira Endersbee

Chalice: Eira Endersbee

O

Lessons: Mary Martyn

Prayers: Rosalind Tatam

Lead: Julie Adesina

R

Preacher: Julie Adesina

Celebrant: Jude Bullock

Music: Peter Stannard



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Hymns:

14 All hail the power of Jesus' name

202 Forty days and forty nights

H

34 Amazing Grace

550 O happy band of pilgrims

556 O Jesus I have promised

I

P

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This week

Today		12.30 Simple Lunch
Wednesday	1st Mar	20.00 Lent Course by Zoom
Friday	3rd Mar	10.00 Eucharist
Saturday	4th Mar	10.00 Jumble Sale
Sunday	5th Mar	10.00 Parish Eucharist



Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word that proceeds from out of your mouth;
through Jesus Christ our Lord.

Old Testament Reading

Psalm 32

- 1 Happy the one whose transgression is forgiven, and whose sin is covered.
- 2 Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.
- 3 For I held my tongue; my bones wasted away through my groaning all the day long.
- 4 Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer.
- 5 Then I acknowledged my sin to you and my iniquity I did not hide.
- 6 I said, 'I will confess my transgressions to the Lord,' and you forgave the guilt of my sin.
- 7 Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.
- 8 You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance.
- 9 'I will instruct you and teach you in the way that you should go; I will guide you with my eye.
- 10 'Be not like horse and mule which have no understanding; whose mouths must be held with bit and bridle, or else they will not stay near you.'
- 11 Great tribulations remain for the wicked, but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.
This is the word of the Lord.

All **Thanks be to God.**

New Testament Reading

Romans 5.12-19

¹²Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – ¹³sin was indeed in the world before the law, but sin is not

reckoned when there is no law. ¹⁴Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. ¹⁷If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. ¹⁹For just as by the one person's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

All Thanks be to God.

Gospel

Matthew 4.1-11

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²He fasted for forty days and forty nights, and afterwards he was famished. ³The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' ⁴But he answered, 'It is written,

"One does not live by bread alone,
but by every word that comes from the mouth of God."

⁵Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you",

and "On their hands they will bear you up,
so that you will not dash your foot against a stone."

⁷Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; ⁹and he said to him, 'All these I will give you, if you will fall down and worship me.' ¹⁰Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,
and serve only him." This is the Gospel of the Lord.

All Praise to you, O Christ.

N We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



E Please remember **Eat or Heat and the toddlers of Ukraine**. Please continue—and thank you so much for the donation of goods so far—to add a little to your shopping that can be distributed to those most in need

Saturday 4th March 10-12 Jumble Sale in aid of church funds. We need volunteers to help on the day, please, as well as offers of jumble - please speak to Anthony.

W **Save the Date!** St. Anne's Church building is 70 years old in May this year and to mark this great milestone, we are having a service of thanksgiving in the Church and a celebratory meal afterwards in the Centre on Saturday 20th May. All our previous anniversary celebrations have been very enjoyable and well attended by many members of our congregation past and present and we are hoping this one will be just as popular. We are anticipating a cost of £30 per head for the meal with everyone coming bringing their own drinks. Young people under 11 will be free of charge. Further details will follow in the next few weeks, but it would be helpful to get an idea of numbers, so if you wish to attend this momentous event, please e-mail Lindsey Archer at lindsey.archer@stannee4.org.uk

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for February: 2nd George Radford, 3rd Emily Brewis, 5th Gladys Travis, 6th Walter Rolfe, 17th Ted Bulled, 20th William Sherman, 21st Gordon Wilkinson, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, 26th Gladys Gloyn, Kenneth Gwynn, 27th Lillian Bates. 28th Teresa Carroll.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*